



August Recess 2025:

Medical Research and Chronic Disease Prevention

Background: Thanks to the work of medical professionals, scientists, researchers, policymakers and advocates, people in the U.S. are living longer, healthier lives. Despite this remarkable progress, recent projections show that 61% of the U.S. population will live with the challenges of cardiovascular disease by 2050. If we want to continue the progress we've made in heart health in this country, we must continue to study new treatments and medications that can improve health outcomes for everyone, everywhere.

What is the NIH?

The National Institutes of Health (NIH) funds medical research and scientists across the country. Each year, it awards more than 60,000 research and training grants, supporting close to 300,000 researchers at more than 2,500 universities and organizations in every state.

What is the CDC Center for Chronic Disease Prevention and Health Promotion (CDPHP)?

The programs within CDC's CDPHP work with state and local governments to prevent and detect chronic diseases—such as heart disease and stroke—early and deliver measurable returns on investment while also saving lives. This Center also provides support for state and local public health programs.

Facts to know about medical research funding

- Cardiovascular disease remains the leading cause of death and disability in the U.S., affecting more than 120 million people in the country.
- Funding the NIH will sustain promising and necessary scientific research that will fight against heart disease and stroke. This will help us respond to the challenges presented by cardiovascular disease.
- The Administration's 2026 Budget Proposal would eliminate the CDPHP at the CDC and undercut critical efforts to reduce chronic disease in the U.S.

Our Ask: We call on Congress to...



Fund the NIH to sustain innovative research that fights against heart disease and stroke.



Invest in chronic disease prevention at the CDC by supporting the National Center for Chronic Disease Prevention and Health Promotion.